

# Changing the Equation: Putting Heaven in Healthcare

A movement for Christians involved in healthcare to connect, learn and be inspired to release heaven wherever they go.



### The Power of a Common Dream

A big dream started to form within me during my teenage years when at the age of 15 I decided that I wanted to become a doctor and give my life to enabling others to live as healthily and productively as possible. Subsequently, at the age of 16 I became a Christian, and the idea of excellent medical practice being supplemented by the resources of heaven excited me beyond measure.

When I started medical school, this excitement had grown into a life passion and dream, so I started to explore the ways in which it could be expressed. As I progressed through my medical career, I saw God use me in the workplace as he helped me to create atmospheres of peace, hope and joy not only in the normal work routine, but also in the most challenging of circumstances. Alongside this I watched as God performed miracles of healing which supplemented the medical care available.

Creative wisdom, encouragement, miracles and discernment all flowing through the activity of the Holy Spirit in Christians' lives – this has always been the normal potential of Christianity – God working in and through us to bless the world. Imagine what a difference we could make in the world if this was the dream and experience of every Christian working in the arena of Healthcare.

This is the heart of Heaven in Healthcare: the power of a common dream that the resources of heaven can work alongside health

provision and make a real difference. We are starting to see this reality unfold as we equip and train Christians to realise their full potential, and we have many great stories to tell.

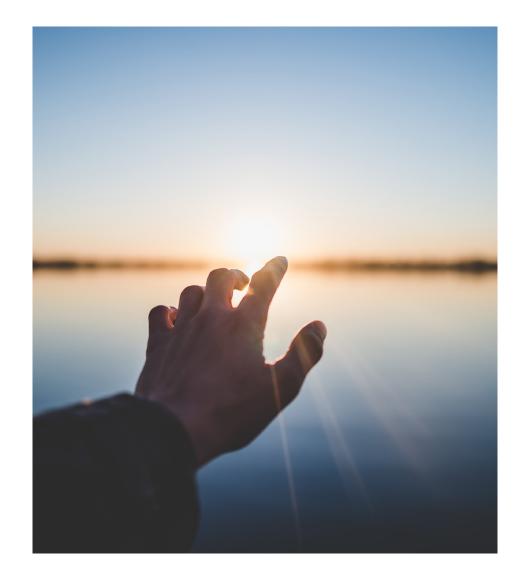
It is a very exciting journey to be part of, and we believe that health provision in many nations will be enhanced as we move forward together to release Heaven in Healthcare.



Pete Carter, Founder.

# Imagine...

- Healthcare workers enjoying workplaces filled with peace, joy and hope, thereby improving job satisfaction and mental well-being.
- Positive atmospheres of encouragement and the celebration of good practice, resulting in fewer workdays lost to ill health, stress and burnout. This will impact the huge challenge of retaining existing staff and the recruitment of future staff.
- Patients enjoying an atmosphere of compassion, hope, peace and joy resulting in a reduction of the anxiety that can often accompany health issues.
- The spiritual aspect of holistic care being delivered sensitively and appropriately to all who wish to access it.
- Miracles of healing happening alongside great medicine, thereby reducing the workload on health services - a reality that we are already experiencing through HiH and the Eastgate Healing Centre.
- Creative thoughts inspired by the Holy Spirit, leading to innovative solutions to healthcare issues.



# Making it a Reality

The team behind HiH is made up of healthcare professionals, alongside business and media experts. We're specifically equipped to fulfil our mission to inspire, connect and help Christians learn how to bring heaven into their environments.

One of the key ways we do this is through our online activity. We have various platforms that we use including our YouTube channel, our Facebook page, and of course our website <a href="heaveninhealthcare.com">heaveninhealthcare.com</a>.

We have moved away from charging a fee to access our materials and be part of our network, because we want to share our resources as widely as possible. We simply view all the people we interact with and support as 'members' of the Heaven in Healthcare community, and part of our vital mission. There is now just an easy sign-up form on the website which enables people to receive regular blogs, newsletters, and invitations from our team to help them to keep in touch with what we are doing.

We have a growing number of Locality Groups which meet across the UK and in other nations. These groups provide online and in-person connection for mutual encouragement, support and development.

The Eastgate Healing Centre continues to develop increasingly into a resource which sits alongside standard medical provision, and is acknowledged by local health providers.

We have formed and are forming various partnerships to work in collaboration with, such as: Emerge Advocacy, Transform Work UK, loy Academy, and the Dream Revolution App.

# Key achievements

Heaven in Healthcare, a registered charity, seeks and develops ways to encourage, inspire and equip healthcare workers. Our aim is to increase personal well-being and resilience, thereby enhancing healthcare delivery to patients.

We have established relationships with Christians in all sorts of areas of **healthcare delivery** including hospitals, General Practice, medical schools, NHS England, local Clinical Commissioning Groups, care homes, the ambulance service, and many more, enabling them to deliver the resources of Christianity into their specific sectors of healthcare.

**Connection** is a core value, so we meet as a Core Team weekly, drawing in support from Advisors, Partners and members of our HiH Champions group where necessary.

We can't do this alone, so we have invested particular time and energy in our **HiH Champions** – a group of like-minded Healthcare workers with a broad variety of skills and strengths. These amazing HiH Champions are committed to living out the message of Heaven in Healthcare and making a Godly impact in the world of healthcare. The group meets regularly online, and our WhatsApp group has allowed for ongoing support of each other in between meetings and a sense of shared vision.

We see great things happening across our network and amongst our **Partner organisations**. For example:

- 'Emerge Advocacy' (Specialists in supporting young people attending A&E because of self-harm or suicide attempts) is being replicated hugely across the South of England.
- 'Doctors for Doctors' (a service supporting, promoting and defending the well-being of NHS clinicians, both medics and non-medics, through one-to-one pastoral support and group work) has developed massively in Cambridge and other locations are interested in developing similar programmes.

**Eastgate Healing Centre** and **Transformation Centre** continue to do amazing things in terms of people's health and well-being. We are looking to increase interaction with local health services.

**HiH Locality Groups** have grown, meeting across the UK and abroad, either online or in person to share stories of breakthrough and encourage each other. We have created a set of **Guidance materials** and a **Training Syllabus for Locality groups** to help people establish and sustain local Heaven in Healthcare groups.

### Key achievements continued

The **HiH Annual Conference** continues to be an opportunity to strengthen the network in their faith, as well as learn about key developments in the world of Healthcare from experts in the field. We are always looking for ways to help **Churches** to love the world around them, in particular to support and work alongside local healthcare providers in a very productive way. We are particularly looking at the UK nationwide Social Prescribing strategy to augment NHS services by accessing resources provided by community groups; Churches can play an important role in this.

Increasingly there is a realisation amongst Health Service providers that spirituality is an important part of well-being. This provides many opportunities for Heaven in Healthcare to play a part in delivering this interaction of faith and medicine to patients.

We are thinking strategically about how this interaction of faith and medicine can be delivered to patients. Specific topics include **Social Prescribing**, Spiritual Referral Centres offering spiritual aid and advice as a supportive service in Healthcare, Reducing Health Inequalities, Holistic well-being and Preventative Medicine, and Spirituality as a critical part of Patient Care.

International Development: We have developed a close relationship with various churches in Holland; particularly in Maastricht and Haarlem - where there is much interest in becoming HiH centres or hubs. The church in Maastricht (based in recent times in a monastery)

has provided space for many social projects and enterprises, many of which fall within the Healthcare sector of society. For example, the provision of accommodation and support for single mothers in financial or social difficulties. There are also some exciting developments happening in the **United States**, where our partners Dr Jenne Kang and Dr Kerry McMahon are doing amazing work.

# What Our Members Say

### Inspire

"Before being introduced to Heaven in Healthcare, my enthusiasm for my role as a hairdresser in healthcare was starting to deplete, becoming more and more overwhelmed with the issues in healthcare. Coming to Heaven in Healthcare filled me with so much encouragement! Hope! Strength! And most of all that my contribution was important and appreciated! Work has definitely become more like heaven!"

– Linda Johnson, Hairdresser to elderly dementia patients & their families

#### Connect

"Having connections with others in Heaven in Healthcare is so valuable. Being part of the bigger picture of seeing God's kingdom come in healthcare and hearing testimonies of what is going on around the world is more than I had ever previously expected to see and be a part of in my Christian walk. Developing deeper links with like-minded Christians locally also enables encouragement, spurring on and support."

- Miriam, Doctor in Southampton UK & HiH Local Group Leader

#### Learn

"On a practical note, the support and guidance I have received through members of HiH in how to navigate implementing a Christian project within an NHS setting in a wise and faith-filled way has been hugely valuable. I've found being part of HiH incredibly formative personally too. Through spending time and sharing with the HiH community, God has taught me to value what I'm doing, to realise the significance of simple acts of love and service when combined with the power of his presence. I have been learning to increasingly see God in the day to day interactions, having faith to perceive this and growing in confidence to join in with what he's doing."

- Joy Wright, Founder & CEO, Emerge Advocacy

### Join the Movement

If all this sounds good to you, there are several ways you can get involved and become an influential part of the HiH family:

### Sign-up

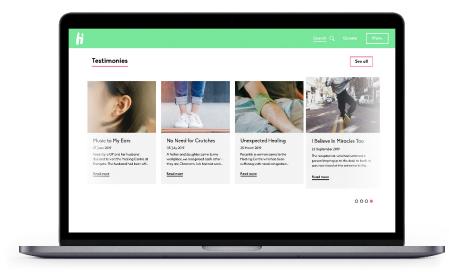
Visit our website to gain access to all the content and benefits previously mentioned. From there, it's completely free to sign-up to receive our newsletters and to make sure invitations to upcoming events come straight into your inbox.

#### Give

To continue providing new and exciting content, we need your support. We're incredibly grateful for our members and their generosity, which enables this dream to become a reality in the world.

#### Share

Spreading the word is essential to helping us grow our reach and influence. You can share our website, Facebook posts and YouTube videos with friends, family and colleagues.



# Thank you!

We hope you enjoyed reading about Heaven in Healthcare and that you have learnt more about our vision. Thank you for your support, and we look forward to connecting with you.

### www.heaveninhealthcare.com

If you want to get in touch, please email us at our enquiries hub: <a href="mailto:enquiries@heaveninhealthcare.com">enquiries@heaveninhealthcare.com</a>

**Charity no: 1191175**