

How to Bring Heaven in Healthcare

Video series resource with discussion questions for Locality Groups and small group study.

How to Bring

Heaven in Healthcare

A conversational series

Contents

Introduction	2	Ep 5. Healing The Sick	20
The Seven Video series	3	Suggested discussion questions	21
A new resource for small groups		Activation & Pete's takeaway	23
How to get started			
Practical activations		Ep 6. Releasing The Creativity And Wisdom of God	24
Transcripts		Suggested discussion questions	25
		Activation & Pete's takeaway	27
Ep 1. God's Dream For Healthcare	4		
Suggested discussion questions	5	Ep 7. Helping Heaven Land In Healthcare	28
Activation & Pete's takeaway	7	Suggested discussion questions	29
		Activation & Pete's takeaway	31
Ep 2. 7 Victorious Beliefs For Christians In Health	8		
Suggested discussion questions	9		
Activation & Pete's takeaway	11		
Ep 3. The Legitimacy of Faith In Healthcare	12		
Suggested discussion questions	13		
Activation & Pete's takeaway	15		
Ep 4. Creating A Heavenly Culture	16		
Suggested discussion questions	17		
Activation & Pete's takeaway	19		

Introduction

What's God's plan for healthcare? Never before have the healthcare systems of the world faced such great need. And yet, despite these healthcare systems being filled with many faithful believers, they are often held back by a misconception that God's miraculous power and medical science are incompatible. Today, more and more medical professionals are beginning to foster a partnership between excellent care and the resources of heaven.

At Heaven in Healthcare, our heart is that the world of healthcare will be transformed by the presence of God and we believe that now more than ever, the healthcare systems of the world need hope-filled, confident believers who will do that very thing.

The Seven Video Series

In this conversational series: a set of seven videos 'How to Bring Heaven in Healthcare' we discuss some of the foundational beliefs and values that will help to set you up as a healthcare worker (or anyone with a passion for that world) to go out there and bring transformation wherever you are in a way that is increasingly valued and welcomed. Medical doctor Pete Carter is joined by guests from the world of healthcare and Christian healing, as they explore some of the core values and beliefs needed to see the world of healthcare filled with the resources of heaven.

A new resource for small groups

With this video series as our foundation, we have compiled this new resource which we believe will be helpful for small groups to use as a simple syllabus aid group discussion and participation, and help people to absorb the culture of Heaven in Healthcare.

How to get started

Our suggestion is that groups meet for a standalone series of at least seven sessions (either weekly or fortnightly) and that members are required to watch one short session on YouTube by way of preparation in advance of meeting as a group.

In the document which follows we have provided a whole series of potential discussion questions which work through each video in order and aim to pull out the main teaching points and key

takeaways for each video in the series.

We are not suggesting that groups try and tackle every question provided, but that Group Facilitators simply choose a few preferred questions from each session to get discussion going and stimulate thought around these key topics.

Practical activations

We have also provided an activation each week which gives group leaders some ideas about how they might end each session with a practical activity, allowing the Holy Spirit to equip participants in a fresh way as they go back into the world of Healthcare.

Finally, Dr Pete Carter has provided some food for thought by way of a special takeaway for each session which aims to tie the sessions together as a series.

Transcripts

Group leaders and participants can also access full written transcripts for each video session for ease of working through each video. This might be useful for those participants who prefer and retain written content as opposed to visual content.

[Download Here](#)

Ep 1. God's Dream For Healthcare

What's God's plan for healthcare? Never before have the healthcare systems of the world faced such great need. And yet, despite these healthcare systems being filled with many faithful believers, they are often held back by a misconception that God's miraculous power and medical science are incompatible. Today, more and more medical professionals are beginning to foster a partnership between excellent care and the resources of heaven.

In this first session, Dr Pete Carter and Dr Mike Von Fraunhofer share God's dream for every believer involved in healthcare to feel encouraged and empowered to bring the kingdom of God into their workplaces.



Suggested discussion questions

1

In this episode we see Pete and Mike look back at where this all came from – the origins of Heaven in Healthcare. Mike says “most Christians going into healthcare start off with a dream of making a massive difference – not just by being good doctors or good nurses, but by actually being Christians in that place as well”. **Can you remember what started your own journey in healthcare?**

2

Mike recalls that for him at the very beginning “it was just about doing my job well”. **Do you feel this is still the case for you in your professional life, and if so, do you dream of ‘more’ (or different)?**

3

God spoke to Mike and said “I want you to do Monday to Friday what you’re happy to do on a Sunday morning” and he recognised that this was quite a challenge! **What challenges are you facing in marrying your faith up with your professional life?**

4

Pete mentions having “confidence in the ability of God to deliver within the workplace what is freely available for us as Christians”. **How confident are you in this?**

5

“Many Christians went in with a dream but then they lost it under this cloud of fear and uncertainty”. **Can you relate to what Pete is saying here, and if so, what fears do you have now, or have you experienced in the past?**

6

Mike found himself – at one point in his life – isolated and struggling to find like-minded people to help, encourage and lead him on the way. **What support do you have in your churches, workplaces and networks in bringing heaven into the world of healthcare?**

7

Pete, from the very start of building a church, didn't want there to be what we would call a "secular/sacred divide". **Is this a trap you fall into, and if not, what measures do you take to make sure you are not 'compartmentalising' your faith in your own lives?** Get tips and hints from each other in the group on how they keep the focus on God amidst their busy days and workplaces.

8

Pete talks about celebrating both medicine and miracles as a gift from God. **Is this really true for you?**

9

Pete states "I think it's possible – or more than possible – for Christians to be the ones who are producing the joy and peace in their environment". **Do you feel that you are doing this in your workplace, and if so, share so good news or testimonies?** – Even of what you might consider the 'small' ways in which you have been able to do this.

10

Mike remembers a Heaven in Healthcare conference where participants felt the weight of guilt and failure. **Do you feel this in any way?** Share your thoughts with the group if you can.

Activation

What helped those conference participants to recover their joy was to focus on their dreams and ask God to refresh their thinking and aspirations. In your group, collect up your dreams (for life and for healthcare) on a flipchart, piece of paper or similar, and intentionally wait for the pleasure of God to turn up in the room!

Pete's takeaway

It all starts with God's dream of creating the world and creating human beings with a destiny and good works prepared in advance for us to do. One of the ways this destiny is revealed to us is through God-given dreams and visions. What are your dreams for healthcare and how could that involve you? (Ephesians 2:10).

Ep 2. 7 Victorious Beliefs For Christians In Health

What does it actually look like to bring heaven to earth in your workplace? In this session, Dr Pete Carter is joined by Dave Foggon as they explore 7 foundational beliefs that will enable you to live a more victorious life – whilst cultivating a lifestyle of the miraculous, bringing hope & breakthrough wherever you go.



Suggested discussion questions

1

In **Belief 1** (The same Holy Spirit who raised Jesus from the dead is living inside me) Pete highlights the fact that “the creator of the whole universe is inside of me, so the potential inside of me is literally without limit”. **Are you confident in this core value?**

2

Dave Foggon admits that in his own life he was once wavering a bit – sometimes feeling that he had God’s power inside him and sometimes feeling like it was just him. **Can you think of any situations where you have felt one way or the other?**

3

Thinking about **Belief 2** (God has not given me a spirit of fear, but of love, power and a sound mind) **can you remember any times where you have seen His love, Power and sound mind at work in you in the workplace?**

4

Are there any particular fears that stop you from coming into the fullness of expressing God’s love to the world. **If so, what can we do to combat that fear? Are there any practical steps we can take?**

5

Belief 3 (Everywhere I go I bring the atmosphere of heaven) **can you think of any situations, places or environments you have been in where you (or someone else) has managed to positively change the atmosphere and has been a thermostat rather than a thermometer?** Share your stories.

6

In **Belief 4** (I am by nature victorious, and not a victim). Pete says “any environment has strong belief systems within it”. **Can you identify any environments (not just your workplace) where you recognise that there is a strong belief system in play? – Positive or negative.**

7

Belief 5 (I am full of righteousness, peace and joy in the Holy Spirit) Pete says God doesn't look at us with any degree of guilt, blame or shame – that's been removed from us, so we need to remove that from our thinking. If that is how God sees me, then this is how I need to see me! **Is this truth something you're at home with and comfortable with?**

8

Belief 6 (Because I overflow with His Presence, I also overflow with His hope). Dave talks about the difference between freedom and religion. **Can you talk about the differences between the two?**

9

Pete quotes Graham Cooke in this session where he talks about us having a confidence in the habitation of God as opposed to the visitation of God. **Discuss how habitation looks as a lifestyle compared to an expectation of visitation by God.**

10

Belief 7 (I expect God's power to work through me). **What would you ask for if you really grasped that we have His resources and His resources are limitless?**

11

Dave says towards the end of the episode "if circumstances don't go as you were expecting, then maybe it's because God wants to give you more than you can ask or imagine". **Can you think of a situation where you faced disappointment in things not going the way you planned, followed by a realisation that God was actually giving you MORE than you had expected or imagined?** Share any stories you have.

Activation

Spend some time making the choice to enter into the love, joy and peace of God – as Dave Foggon says in this session “that’s where the solution comes from...that’s where heaven can be released to provide the solution”.

Pete's takeaway

Trust and confidence in the Holy Spirit allows us to create a heavenly culture inside of ourselves, such as love, joy, peace and power. This culture can overflow into the world around us thereby releasing the resources of heaven into earthly reality. (John 7:37-39)

Ep 3. The Legitimacy of Faith In Healthcare

A common misconception for Christians working in health is that sharing your faith isn't allowed or welcomed in the workplace. In this session, Pete Carter is joined by fellow medical doctor Mike Von Fraunhofer, as they share wisdom and best practices on how to invite heaven into the medical context in a way that honours patients and codes of conduct, and ensures excellent care.



Suggested discussion questions

1

In this episode Mike and Pete talk about the conversations around holistic care that are much more prevalent in the medical world. **In your workplace or environments, have you noticed this shift and do you think it's important to take the whole person's wellbeing into consideration in what you do?**

2

Mike makes the point early on in this conversation with Pete that the GMC – in their document about spirituality – considers that we must consider spiritual and cultural elements in our care. **Does this 'must do' idea surprise you and if so, why?**

3

Pete addresses the common idea that Christian faith and science don't mix and suggests that they are not incompatible at all. **Do you have any opportunities in your workplace to mix the two?**

4

If you don't currently feel like you are able to mix the two – do you think fear is an issue? Discuss your worries and concerns around this.

5

Pete recognises that many Christians working in the health world think that they are not allowed to practice their faith effectively, so they end up doing their work and their faith very separately. **Where do you feel you are with this?**

6

Mike mentions people using Christian 'props' or posters to show that they are Christians. **Are there things you do or display at work to try and indirectly show that you are a Christian?**

7

Can you share any experiences you have had of offering to pray for someone in the workplace.

8

Can you work towards a 'script' or formula like Mike suggests to move towards offering prayer in a way that respected informed consent? Does this feel doable? Help each other think about how you could word this appropriately for you contexts.

9

Pete reminds us of the importance of covering our whole working life with prayer so that we are praying for all patients and colleagues in a non-direct way. **Is this a challenge to you?**

10

Mike talks about offering spiritual referrals – to the Healing centre, to Eastgate, to an Alpha course. **Do you have any of these resources that you feel you could offer people?**

11

Mike shares several stories in this episode, in particular the account of God prompting him to cross the rubicon and pray for his senior colleague's back. **Can you share any stories where you felt reluctant but where you knew that God was asking you to step out?**

Activation

Pray for each other about what you have learnt, been challenged by or been inspired by in this episode. Ask for help or support if needed.

Pete's takeaway

Spirituality is part of our humanity and holistic healthcare requires this to be taken into consideration (as stated by the General Medical Council and General Nursing council of the UK). We need to be confident in what Christianity has to offer the world of healthcare.

Ep 4. Creating A Heavenly Culture

How do you create the culture of heaven in your workplace? And when that workplace is feeling stretched and stressed, is that even possible? In this session, Dr Pete Carter is joined by Dave Foggon and Emergency Care Practitioner Sasha Caridia, as they share experiences and scriptural truths that have made this a growing reality in their daily lives.



Suggested discussion questions

1

As Dave and Pete point out at the beginning of this episode, healthcare can be an incredibly pressurised environment, no matter what part you play in it. **Share the part you play in healthcare with the others in the group, and discuss what kind of pressures, if any, you are facing at present.**

2

As Dave mentions, when we talk about us being the solution and the idea that we can bring heaven to earth, this can sometimes feel like just more pressure! **Can you relate to this feeling of it being something we need to do? Do you personally feel the pressure of that? Does healing or praying for others feel like just another thing you have to do?** Discuss.

3

“Our internal reality is greater than our external reality” **Does this inspire you to change your thought life and what you believe - and do you think this might help with that feeling of obligation?**

4

On a scale of 1-10 (10 being full and 1 being empty) **how full of the presence of God do you feel on an average working day, and does cultivating his presence feel complicated or easy?**

5

“Just let God love you”. Is this something you can relate to doing, or do you feel you want to get back doing this or be more intentional about. **Can you think about ways you might ‘let God love you’ in the middle of daily life?**

6

Pete talks about his challenging days as a Junior Doctor, when he would intentionally summon God's strength from within him by doing two things. **Can you remember what they were? Do you use these tools at work?**

7

In particular, do you use the gift of tongues at work to help you 'come back into shape' and deliver good care in the workplace? Do you want to receive the gift of tongues if you don't already have it? Ask for others to pray for/with you.

8

Can you relate to often 'running on empty' in the workplace? Share with others how you feel about that.

9

Would you like God to give you that compassion for others which Sasha talks about? Dave tells us that a good first step is to let Him marinate us in His love. Is this something we are used to doing and if so, can you imagine finding small moments in your day to do this?

Activation

He is our Prince of Peace, He is our source. Ask HS to fill you completely with an awareness of his joy and peace. Pray for each other that – like Sasha, Dave and Pete – you might overflow in joy and peace at work in the coming week. Be ready for new testimonies and come ready to share them next time!

Pete's takeaway

The Holy Spirit inside us is an amazing reality: “He who is within me is greater than he who is in the world.” Being internally strong in spirit can enable us to handle the pressures of the healthcare workplaces and not be crushed by them. (2 Corinthians 4: 7-8)

Ep 5. Healing The Sick

Jesus commanded His followers to heal the sick, and promised that this would be one of the signs that accompanied those who believe. But what does it look like to actually walk in this level of assurance and authority, and how do we bring that reality into everyday life? Dr Pete Carter is joined by Dave Foggon and Emergency Care Practitioner Sasha Caridia, as they share testimonies and keys to becoming a source of healing breakthrough in your sphere of influence.



Suggested discussion questions

1

Dave and Pete talk in this episode about moving into maturity in our understanding of what our authority is in healing – an understanding that we can expect to do the works of Jesus, including healing. **Is healing currently part of your ‘normal’?** Discuss.

2

Can you relate to getting into the mindset of feeling like we need to ‘persuade’ God to do it?

3

Pete talks about becoming confident and assured. As we see more and more healing we become more and more confident in who Jesus is, and who He is in us. **Share stories of where we have personally seen healing to boost each other’s confidence.**

4

Are there people who you recognise that you look at and think “Oh, they can do healing because they are one of ‘those’ people” or “they have a special anointing in this area”. **If so, discuss why this happens and what you think about it having listened to this episode.**

5

Have you sometimes created your own thinking and theologies around the idea that sometimes people don’t get healed? Do you think this is healthy thinking?

6

As Dave mentions in this episode, sometimes our confidence is in our prayer and the words we use rather than the healer himself. **Do you relate to sometimes praying long prayers to cover a lack of confidence in healing?** Practice with each other how you could pray for someone to be healed without using lots of words!

7

Do you feel like you need help in getting to the point where you truly believe that God wants to do it? Are there scriptures that might help? Pray with each other.

8

Dave talks about abiding in faith and the idea that if we are not careful, we can end up partnering with unbelief after we have prayed for someone. **Can you thinking of any examples of where you have struggled in that 'in-between' period?**

9

Towards the end of this episode, Dave points out that hearing these stories can be both inspiring and intimidating. It's easy to feel like we're not anything like that at this point. If this is the case, remember that partnering with Him in what we're doing and actually just letting Him help you do your job is a bit step in itself. **Where do you feel you are at in this regard and have you found the episode inspiring or intimidating or both?**

Activation

Pray for each other to experience the power of God and receive the gifts of the Holy Spirit.

Pete's takeaway

Christians partake of God's divine nature (2 Peter 1:4) therefore we can develop a naturally supernatural lifestyle which can be expressed in our workplace and the rest of life.

Ep 6. Releasing The Creativity And Wisdom of God

God desires to do so much more than just 'fix' problems in the healthcare systems of the world. His wisdom is creative, liberating and carries within it the means to bring blessing to multitudes. In this session, Dr Pete Carter and Dave Foggon examine some of the biblical principles around wisdom and dream about the potential for healthcare systems filled with believers who are operating in this divine gift.



Suggested discussion questions

1

Meditate together on the following passages about wisdom and a sound mind and open in prayer on this theme.

2

Pete states at the beginning of this episode “I’m convinced that God has solutions for every situation we’re facing”. **Can you share an example with the group of when God has provided you with a solution to a problem?**

3

In thinking about medical breakthroughs and God’s heart to diminish sickness and pain in the world, what do you dream of having solutions for in the world of healthcare...and in other areas of your life?

4

Pete mentions Emerge Advocacy – a God-given idea to a present need in its work with youth in A&E departments. **Do you know of any other enterprises or ministries that started this way?**

5

Joy at Emerge Advocacy started the charity by simply recognising a need and had compassion for that need. **Are there any needs on your heart that you feel God’s compassion stirring you towards?**

6

What do you think about Dave’s reading of Joseph’s story and the journey he went on which resulted, ultimately in compassion and wisdom – a great combination!

7

Pete talks about an incident in his GP practice where he listened to God and it caused him to treat her seemingly innocuous symptoms more seriously, thereby potentially saving her life.

Can you think of any situations you have been in where God has whispered wisdom and 're-routed' you from your logical course of action?

8

God reminds us towards the end of this episode that 'Hearing God is every Christian's birthright', pointing to the scripture 'My sheep will know my voice'. **Can you share with others in the group how you have learnt to hear God's voice?** If you struggle with this, share with others in the group and ask them to pray for you.

Activation

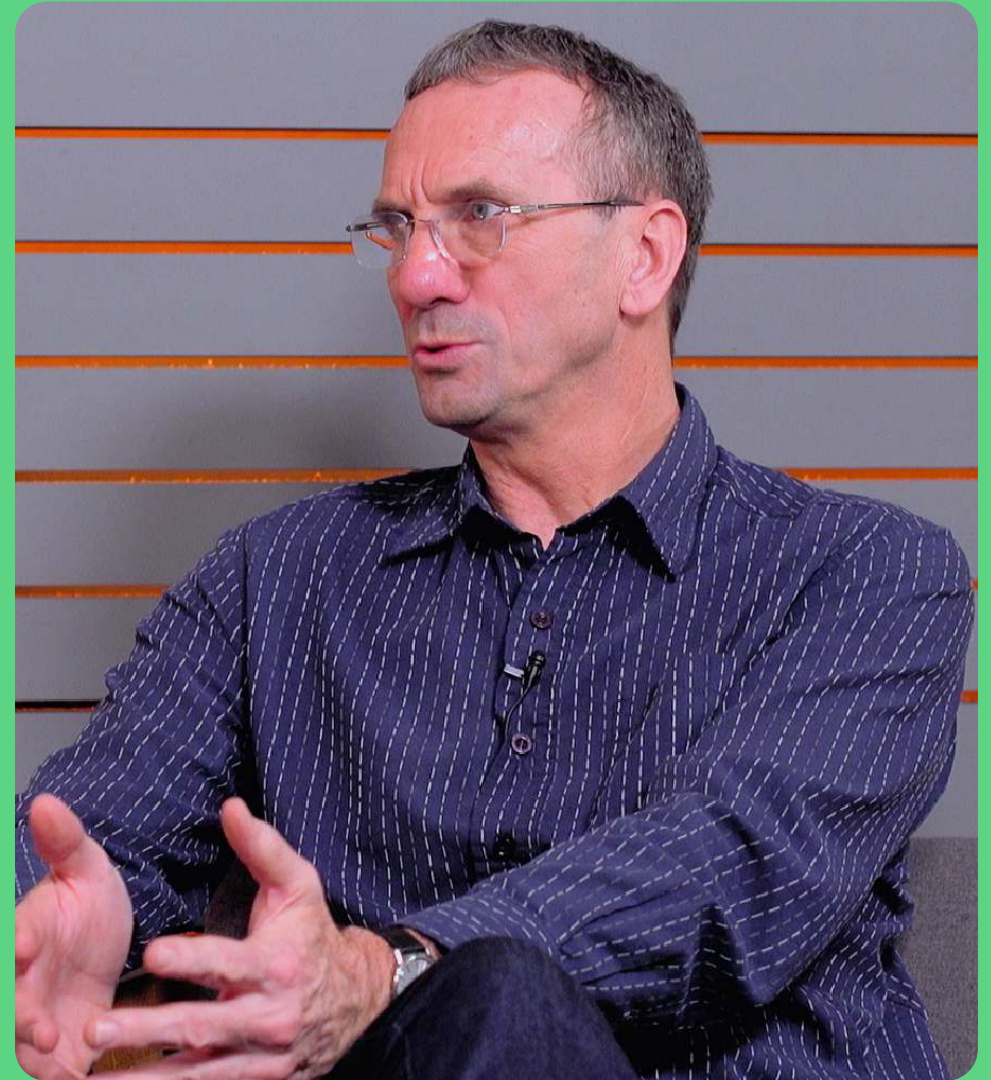
Pray for each other that you might each know God's voice, God's wisdom and God's compassion in your daily lives.

Pete's takeaway

God's wisdom is a creative force with which he can transform the world and he combines it with his revelation from heaven to enable us to bring wisdom, insight, innovation, invention, and creative ideas to benefit the world. (Ephesians 1:17)

Ep 7. Helping Heaven Land In Healthcare

For too long, Christian healing and the medical world have often been at odds with each other, despite sharing a common goal – the prevention of ill health and suffering. In this session, Dr Pete Carter and Dave Foggon examine some of the unhelpful mindsets and belief systems that have created this unnecessary divide over the years, and explore what churches and medical professionals can do to build unity and mutual respect – in order for heaven to truly land in the world of healthcare.



Suggested discussion questions

1

In this episode Pete and Dave discuss the importance of using honouring language when talking about the medical profession, and making sure we celebrate what they are doing. **Do you have experience of the Christian world being hostile towards the Medical world - even unwittingly?** Personal experience or otherwise.

2

How can we celebrate the Medical world within our churches better?

3

Have you ever felt as a Christian that if you had enough faith you would be well? Or that medicine was somehow 'ungodly'? Can you identify what caused you to feel that way?

4

Pete and Dave talk about some of the 'techniques' that can become commonplace within the Christian world such as the measuring of legs. **Have you seen this done in your context or church and if so, what did you think of this practice?**

5

Are there any other techniques or formulas that you have seen used in Christian healing?

6

Why do you think we fall back on techniques or formulas? What is that problem with that way of thinking - can you remember what Pete has to say about this?

7

Dave F “If someone has a bad back, I just pray for their back”.
Can you identify with non-medical Christians trying to use pseudo-medical language in their prayers? What should we do instead?

8

Healing can be controversial still in Christian circles – there are still some, as Pete says, for whom healing does not play a part in their theological beliefs or practice. **Can you think about why this is, or some of the reasons why Christians choose not to pursue healing?**

9

Where are you at on this spectrum of Christianity with regards to healing?

10

Have you come up against any anti-vaccination attitudes in your contexts? How have you dealt with these people or attitudes?

11

Pete takes about the guilt and shame that can surround Mental illness within the church. **Why do you think taking antidepressant medication is seen – at times – as shameful within a Christian context, and what can we do to combat this way of thinking?**

12

HiH – as Pete says towards the end of this episode – tries to disciple and help people to ‘think well’ in order to get towards mental wellbeing. **Think about Romans 12:2 and discuss how we can learn to think better.**

Activation

Do your own 'guard of honour' of sorts! Pray for each other, celebrating the role each person plays in the world of healthcare or within the church. Ask God for words of affirmation, inspiration and encouragement and share them with each other. Write them down or record them so that these words can be stewarded well afterwards.

Pete's takeaway

Medicine and miracles are both gifts of God that can complement one another in a very powerful way, both need to be celebrated and utilised for the benefit of mankind. Christians can help the world to enjoy both of these gifts.